

NIMAT ALAM, M.D.

OBJECTIVE

Interested in a challenging and rewarding career in Academic Institution encompassing all aspects of family medicine and Geriatric Medicine.

BIOGRAPHICAL

Citizenship: Foreign National, Birthplace: Bangladesh;
Permanent Residency: U.S.A.

EDUCATION

2012 - 2013: Fellowship - Geriatric Medicine
Texas Tech University Health Sciences Center, Odessa, TX

2009 – 2012: Residency - Family and Community Medicine.
Texas Tech University Health Sciences Center, Odessa, TX

2000 – 2001: Internship Training
Bangladesh Medical College Hospital, Dhaka, Bangladesh.

1994 – 1999: M.B.B.S. Bangladesh Medical College, Dhaka, Bangladesh.

BOARD CERTIFICATION

Diplomat, American Board of Family Medicine (2012 - 2022)

Certificate of Added Qualifications (CAQ) in Geriatric Medicine (2014-2024)

LICENSURE

Texas Medical Board License (Active)

Indiana Medical Board License (Active)

B.M.D.C (Bangladesh Medical & Dental Council) License (Active)

ECFMG Certification (2005 – present)

BLS, ACLS, PALS, NRP

United States Medical Licensing Examination (Step 1, Step 2, Step 3 - certified)

MEDICAL PRIVILEGES

August 2013 – Present Medical Center Hospital, Odessa TX,
Manor Park Nursing Home, Midland TX, Madison Resort Nursing Home,
TTUHSC Family Medicine Clinic Odessa TX, TTUHSC Geriatric Center
Odessa TX

June 2009 – July 2013 Medical Center Hospital, Odessa, TX (during
residency and Fellowship)

June 2009 – July 2012 Parks Nursing Home, Odessa, TX (during residency)

July 2012 – July 2013 Seabury Nursing Home Odessa TX,
Manor Park Nursing Home, TTUHSC Geriatric Center Odessa TX
(During Fellowship)

EMPLOYMENT

July 2013 – Present Assistant Professor
Department of Family and Community Medicine
Department of Geriatrics Medicine
Texas Tech University Health Science Center, Permian Basin

July 2012 - 2013 Fellowship - Geriatric Medicine
Texas Tech University Health Sciences Center, Odessa, TX

July 2009 – 2012 Residency - Family and Community Medicine.
Texas Tech University Health Sciences Center, Odessa, TX

2008-2009 - Medical Center, Webster, TX.

2006-2008 – Memorial Hermann Northwest, Houston, TX.

2005-2006 – Complete Cardiac Care, Houston, TX.

Primary Hyperparathyroidism from an ectopic retrosternal parathyroid Adenoma – Case Report; (completed and Submitted for publication in BMJ, Submitted For poster presentation in AGS Annual meeting May 2015 Maryland); Li, Wang,MD;**Nimat Alam,MD**;Kiran Adimoolam,MD;Pamela Gougler,MD;

Adrenal Insufficiency with atypical clinical presentation – Case Report; (work in progress)
Karla Frazzini,MD;Linda Esteban,MD;Tamarel Ross,MD;**Nimat Alam,MD**;

AAFP Journal Photo Quiz (completed, submitted and awaiting publication)
Khalid Ghazi,MD;Ikemefuna Okwuwa,MD;**Nimat Alam,MD**;

prevention of Cognitive decline in Elderly with post operative delirium – Article in Peer-Reviewed Journal; (work in progress)
Nimat Alam,MD;Timothy Benton,MD;Ikemufuna Okwuwa,MD;

COMMITTEE RESPONSIBILITIES

Graduate Medical Education Committee (Member at Large)

Permian Basin Clinical Education Committee (PB – CEC)
Fourth Year Medical Student Clerkship Director (Geriatrics)

Program Evaluation Committee
Texas Tech Family Medicine Residency Program

Chair of Clinical Competency Committee
Texas Tech Geriatrics Fellowship Program

Student Promotion and Professional conduct committee (TTUHSC)

Permian Basin Clinical Campus Sub committee

Dean's Symposium Planning Committee (Permian Basin)

TTUHSC Medical student Admission Interview Committee

Quality and patient safety committee at Medical Center Hospital, Odessa TX

CLINICAL ACTIVITIES

Geriatric Out patient Clinic, TTUHSC, Odessa TX

Family Medicine In patient Hospital Service, MCH, Odessa, TX

Nursing Home clinical Service, Midland-Odessa, TX

TEACHING

July 2013 – present Clinical Preceptor for third and Fourth year Medical Students
Family Medicine and Geriatrics Rotation

July 2013 - Present Geriatric Fellow Preceptor, TxTech Geriatric Clinic
Geriatric Fellow Preceptor, Nursing Home Visit
Geriatric Fellow Preceptor, MCH consultation Service
Lecture Presentations, Geriatric Fellowship Program

August 2013 – Present Geriatric Clerkship Director, Fourth Year Medical Students

July 2013 – Present Family Medicine Residents Preceptor, TTFM clinic
Family Medicine Residents Preceptor, Inpatient Hospital
Service, MCH, Odessa, Tx
Lecture Presentations, Family Medicine Residency Program

July 2012 - July 2013 Teaching Residents and Medical Students During Fellowship

July 2010 – July 2012 Teaching Junior Residents during Residency

June 2009 – June 2010 Teaching Medical Students during Residency

ACADEMICALLY RELATED PUBLIC SERVICE

Lecture presentations in Nursing Home and Senior Health Centers
to improve patients and family members health care related education and awareness.

2014- Present --- Member of Greater Odessa Rotary Club, Odessa, Tx

2010- 2012-- Pre-participation Physicals for Odessa College Athletes.

2008—Volunteer Physician at Ben Taub General Hospital, Houston, TX.

1999— Team Physician of Blood Donation Program, Bangladesh.

LANGUAGES

Fluent in Bengali and English with reading and writing comprehension.
Fluent in Hindi.

INTERESTS

Geriatric Medicine, Nursing Home, Ambulatory procedures, Diabetic care,
Preventative medicine, Hospital Medicine.

Teaching and mentoring medical students, Residents and Fellows

Yoga, Bowling, Biking, Hiking, Traveling scenic places.

Cooking, Singing, Dancing, Music, Movies, Spending time with family.

PERSONAL ACCOMPLISHMENTS

Fulfilling my lifelong dream of becoming a Family Physician and Geriatrician.

Offered position for Family Medicine Residency Training at the Methodist
Hospital, Baytown, TX. (In 2006).

Offered the position for Geriatrics Fellowship at TTUHSC
after Residency Training.

Offered the Faculty Position for Assistant Professor at TTUHSC Family
And Community Medicine Residency Program and Geriatrics Fellowship
Program

2001-2005 – Primary Care Physician
Al-Ashraf General Hospital, Dhaka, Bangladesh.

RESEARCH

Depression and Diabetes in Elderly – Is there an Association?
Bhavana Mocherla,MD;Khalid Ghazy,MD;Alfredo Medina,MD;
Nimat Alam,MD;Chau Le,MD; Jamal Islam,MD;
(submitted and accepted for poster presentation at NAPCRG 2014,NY)

**Prevalence of Hypogonadism In Hispanic White (HW) And Non
Hispanic White (NHW) Males With Diabetes Type 2 (DM2) In a
Primary Care Clinic**, (Presented as a Poster at NAPCRG 2010 Seattle,
Washington) Jamal Islam, MD;Ikemefune Okwuwa, MD;
Nimat Alam,MD; Abby Leake, MD; Alejandro Miquel, MD;

**QI Project: Improving Varicella Zoster Vaccination in adult older than
60 years of age in TTUHSC Geriatric clinic** (completed)
Chau Le, MD, Jamal Islam, MD, **Nimat Alam,MD**;

Association between Serum Albumin and Functional Independence measure
(FIM) scores in patients with Hip surgery and who completed In-patient Rehab
(Presented as poster at NAPCRG 2013 Ottawa,Canada, STFM 2013
Tampa,Florida,STFM 2014 San Antonio
Kiran Adimoolam,MD;Domingo Caparas,MD;Jamal Islam,MD;
Nimat Alam,MD;

Severity of vitamin D deficiency among patients with Acute Hip fracture in a
west Texas Community Hospital
Linda Esteban,MD;Jamal Islam,MD;**Nimat Alam,MD**;

Screening Rates for Osteoporosis in Texas Tech Family Medicine and Geriatrics
Out patient Clinic
Jamal Islam,MD;Anna-Francisco,MD;**Nimat Alam,MD**;

SCHOLARLY EDUCATIONAL PROJECT

PROFESSIONAL MEMBERSHIPS

American Medical Association

American Academy of Family Physicians

Texas Academy of Family Physicians

American Geriatrics Society

Ector County Medical Society

HONORS AND AWARDS

TTUHSC Department of family & Community Medicine--
“Employee Of The Month Award” – 2010 and 2012

M.B.B.S. (Bachelor of Medicine & Bachelor of Surgery)--
Ranked 2nd place with honors score in Anatomy in Board Exam.

BMDC (Bangladesh Medical & Dental Council)-
1st place achievement Award in Seminar Competition by BMDC--1999.

VOLUNTEER
